





Newsletter March 2022





CMXSC Primary PE Specialists

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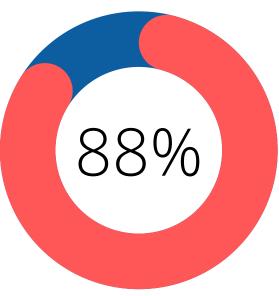




Welcome

Welcome to CMXSC newsletter! A great way to keep up to date with whats happening in the world of primary PE at your school. Plus a little insight into what we are doing as a PE Specialist Company to deliver the best service possible to our schools and children. We have had a great start to this term and the new year we have battled through some cold mornings and windy days but have loved every minute and the children we taught have been brilliant..!!





88% of children of children we teach have at least an extra 2 hours of physical activity per week!!



Fun Facts

Physical activity is massively important to children's health and wellbeing. Studies have shown that physical activity has a direct and positive impact on children's learning & development. We have found throughout our lesson that children are enjoying PE and being active more than ever, with nearly 98% attendance in our before and after school clubs.

So far this term through our work in school we have recorded over **2000** hours of physical activity across all our lessons delivered by our team of PE Specialists in our partnership schools.

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Our Social Media

Our Social media channels are a great way to keep up to date with whats going in our schools, during our lessons and gives a unique insight into some of the exciting things we get up to during our day. We have some awesome things planned for our social media this year so please give us a follow, like, comment, repost and retweet to be the first to receive information your not going to want to miss!

News Flash

We announced this week through our social media channels that we have become apart of the Aspire active partnership. This will bring collaboration, support and guidance from one of the most reputable, award winning companies in the primary PE industry.









"It's great to have Chris and his team at CMXSC in the network! We are very much looking forward to collaborating with Chris, meeting regularly on Weekly Huddles and supporting each other through, workshops, peer support groups and conferences." - Luke Johnson,





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Good People to know!

At CMXSC we are always looking to improve and develop our programs in schools. We have collaborated with our friends Rebecca and Louise at TickHub in developing some great early years & foundation stage programs that have been a huge success in our schools. Lego Therapy and Squiggle Whilst you Wiggle have been awesome programs and development opportunities for our partnership schools and children. TickHub are a school improvement consultancy that offer a range of educational services. For more information please click on the TickHub logo.





Whats Next..?

Keep a look out for next months newsletter where will be keeping you up to date with all things CMXSC. Introduce one of our PE Specialist, Q & A and much more!

Thank you again for subscribing to our newsletter and taking the time to have a look.

On behalf of the CMXSC Team.